

CERTIFICATE

OF PARTICIPATION

This is to certify that

Jean Gouws

Has successfully participated & completed the

5km Cowhouse Autumn Trail Run 2018

held at Cowhouse Market.

TIME 01:12:23

PACE 14:27/km **OVERALL** 102 of 104 **GENDER** 41 of 42

OPEN 12 of 12

28 April 2018, Sat

Date



